

EAT SMART WITH **THE LUNCH BUNCH**



ea catering **WEEK 2**

Week Commencing:
Aug 28, Sep 25, Oct 23,
Nov 20, Dec 18, Jan 22

MONDAY

Chicken Nuggets

Or

Homemade Lasagne

Steamed Broccoli &
Garden Peas

Chipped Potato, Rice

Ice Cream, Chocolate
Sauce & Sliced Pears

TUESDAY

Spaghetti Bolognaise

Or

BBQ Chicken Pizza

Sweetcorn & Baked
Beans

Diced Potatoes, Mashed
Potatoes, Salad

Fruit & Rice Pudding

WEDNESDAY

Lunch Bunch Chicken
Curry & Naan Bread

Or

Golden Crumbed Fish
Fingers

Garden Peas

Rice, Salad, Mashed
Potato

Rice Krispie Square &
Fruit

THURSDAY

Roast Turkey, Stuffing &
Rich Gravy

Or

Salmon Fishcake

Cauliflower & Baton
Carrots

Mashed Potato

Fruit Muffin

FRIDAY

Steak Burger &
Tomato Ketchup

Or

Chicken Crumble

Sweetcorn & Salad

Chipped Potato, Rice

Flakemeal Biscuit &
Fruit